



LIKE US ON FACEBOOK!
A TOUCH OF HEALTH
TRANQUILITY SPA



TERESA PATTON
LICENSED ESTHETICIAN

Offering the line of CosMedix Products. CosMedix ingredients are purified to their most natural, potent form, resulting in optimum effectiveness. Now your skin will absorb the soothing, calming effects of nourishment as nature intended. Let your skin look and feel its best with CosMedix, your chiral correct skin care.

TERESA PATTON



HAIR REMOVAL BY SUGARING

An ancient method, relatively new to the United States, called Sugaring. This is a more natural and comfortable way of hair removal.

FACIAL HAIR REMOVAL

Brows.....	\$10.00
Upper Lip.....	\$10.00
Lower Lip.....	\$10.00
Sides Of Face/Chin.....	\$20.00
All Facial Areas.....	\$40.00

BODY HAIR REMOVAL

Underarm.....	\$20.00
Arms.....	\$40.00
Lower Leg.....	\$50.00
Full Leg.....	\$70.00
Bikini.....	\$40.00
Chest or Back.....	\$40.00 and up

GIFT CERTIFICATES AVAILABLE

CANCELLATION POLICY

If you are unable to keep your appointment, kindly give 24 hours notice.

2540 SHAWNEE RD.
LIMA, OH 45806

WWW.ATOUCHOFHEALTHLMT.COM

BY APPOINTMENT
P: 419-233-2013



A
TOUCH
OF
HEALTH

SPA FACIAL TREATMENTS

{ ADD A HAND & FOOT TREATMENT TO ANY FACIAL FOR AN ADDITIONAL \$15.00 }

SPA RELAXING FACIAL | \$65.00

This facial is all about relaxation. A cleansing, steam, facial massage, décolleté cleanse and moisturizing massage, all included in this treatment.

DEEP CLEANSE FACIAL | \$75.00

A cleansing, balancing, exfoliation, extractions (when needed), corrective mask, moisturizers, and protection.

MICRO-DERMAPLANING FACIAL | \$75.00

A physical/mechanical form of exfoliation using a specialized dermaplaning blade for the removal of built up dead skin cells and vellous hair.

STAY CALM FACIAL | \$85.00

A cleansing, balancing, exfoliation, a soothing balm used for massage, custom mask, protect with serums and moisturizers.

BE AGELESS FACIAL, I | \$90.00

For normal, combination and oily skin types. The perfect facial to help reduce the visible signs of aging, including fine lines and wrinkles through enzymatic exfoliation.

BE AGELESS FACIAL, II | \$95.00

For dry and sensitive skin types. A comprehensive facial designed to reduce the appearance of fine lines and wrinkles through the use of gentle exfoliation and balancing hydration.

KEEP CLEAR FACIAL, I | \$90.00

For combination, oily and acne-prone skin types. A corrective facial designed to fight breakouts and control excess oil for clearer, healthier looking skin.

KEEP CLEAR FACIAL, II | \$95.00

For normal to dry skin types. A corrective facial designed to fight hormonal breakouts and promote balanced, clearer looking skin.

GET EVEN FACIAL, I | \$90.00

For normal, combination and oily skin types. A corrective facial designed to balance oily skin while minimizing the appearance of age spots, brightening and even out rough texture.

GET EVEN FACIAL, II | \$95.00

For normal, dry and sensitive skin types. A corrective facial designed to help combat the signs of sun damage and restore healthy hydration.

THERMAL HAND & FOOT TREATMENT | \$25.00

Moisturizers or exfoliators are applied to hands and feet, then heated mitts and booties are placed to help restore dry, rough skin.



TOMORROW'S PEELS

{PRE-PEEL PREP IS REQUIRED, 10 TO 30 DAYS PRIOR, PREP KIT AND AFTER CARE KIT ARE INCLUDED IN THESE TREATMENTS}

PURITY PEEL

\$90.00
All skin conditions and acne grades including oily, enlarged pores, hyperpigmentation, postinflammatory pigmentation and photodamage. A gentle epidermal treatment that decongests pores for clearer, healthier-looking skin.

TIMELESS PEEL

\$200.00 with kits/\$125.00 without kits
For all skin conditions, including melasma, hyperpigmentation, actinic keratosis, environmental and sun damage, premature aging, acne and acne scarring. Designed to stimulate cell turnover and collagen and elastin production to visibly reduce signs of aging and pigmentation. Produces powerful results that may include mild to moderate flaking, depending on skin condition.

DEEP SEA PEEL

\$200.00 with kits/\$125.00 without kits
For all skin conditions and acne grades, including oily, enlarged pores, hyperpigmentation, acne scarring and photodamage. A non-acid, chemical-free peel that utilizes manual exfoliation to resurface and rejuvenate the skin, lifting away stubborn pigmentation and acne scarring. Highly stimulating action for up to 24 hours. Mild to moderate flaking may occur.

PEELS FROM CosMEDIX FOR TODAY AND TOMORROW

CosMedix innovative, non-traumatic peels offer stimulating healthy change in the skin to create a beautiful, renewed complexion. Today's Peels can be used without any prior preparation of the skin, while Tomorrow's Peels need 10 to 30 days advance preparation.

TODAY'S PEELS

POMEGRANATE PEEL \$70.00

For all skin conditions, including hyperpigmentation, environmental and sun damage. The perfect pick-me-up for all skin types and conditions, this gentle anti-oxidant exfoliating treatment leaves skin radiant, renewed and glowing.

BLUEBERRY SMOOTHIE \$70.00

For all skin conditions, acne grades I-II, sun damage, dull and lifeless skin. Part lactic acid exfoliant, part manual scrub, this treatment smooths and softens rough, uneven skin for a balanced, dramatically smoother complexion.

BENEFIT PEEL \$90.00

For all skin conditions, including rosacea, hypersensitive skin, acne grades I-II and hyperpigmentation. A gentle, all purpose treatment that rejuvenates, corrects and protects with fruit enzymes and vitamin A and C.

BLUEBERRY JESSNER PEEL

\$90.00 first layer, additional layers \$25 each
For Fitzpatrick skin types I-III, acne grades I-II, mild pigmentation, photodamage and mature skin. A stand alone treatment or may be used as a pre-peel application to ready the skin for a deeper peel treatment.



A TOUCH OF HEALTH

SPA BODY TREATMENTS

{ ADD A MINI FACIAL TO ANY BODY TREATMENT FOR AN ADDITIONAL \$25.00 }

CLEANSING BACK TREATMENT | \$50.00

Ladies and gents, it's a facial treatment for your upper back. A cleansing, steam, balancing and exfoliation for this hard to reach area.

CLEANSING SUGAR SCRUB BODY TREATMENT | \$60.00

Natural, anti-oxidant rich sugar combines forces with a mild cleansing agent to cleanse while gently exfoliating.

